



Building Mental Muscles™

Snowball Chess

1. Also known as Progressive Chess.
2. The AIM is to checkmate your opponent's king, as per normal chess.
3. Pieces moves in the same way as during an Ortho-Chess (normal chess) game.
4. White has the first turn and makes ONE move. Black has the next turn and makes TWO moves. White has the next turn and makes THREE moves. Black then makes FOUR moves, and so on; "snowballing". In each subsequent turn the players may make one extra move.
5. A king cannot be captured. The moment you place your opponent in check your turn is immediately over and you forfeit the right to make any other moves.
6. If you are in check you MUST get out of check on your FIRST move. If you cannot get out of check on your first move then it is checkmate.



Educational Value of Snowball Chess

1. The educational value of Snowball Chess is tactical, creative and planning.
2. Snowball Chess teaches players to look for checkmates and not just take pieces.
3. Imagination, creativity and visualisation. When you have 5, 6, 7 or more moves in a row you should first create in your mind a checkmate scenario and then just work out ways in which to achieve that position. This requires considerable creativity and thinking.
4. Thinking ahead and considering well into the future for your and opponent's moves.